



I want to see God

Is that possible? Only after death? Starting today?

Here are some answers from a text by St. Thérèse Couderc (1805-1885).

She writes: 'God is good, he is more than good, he is Goodness.'

And she draws the following conclusion:

"The goodness of God... infinite goodness, uncreated goodness, source of all goodness!

And without which there would be no goodness, neither in men nor in other creatures... I live with the word Goodness written in letters of gold... I live... with it written on all creatures, animate and inanimate, rational or not, all bearing this name of goodness. I saw it even on the chair that served as my prie-Dieu.

I then understood that all that is good in these creatures and all the services and help we receive from each of them is a blessing that we owe to the goodness of our God, who has communicated something of his infinite goodness to them, so that we may encounter it in everything and everywhere.

She gives us a powerful text that could be summarised as follows: God is in the chair! I can see him in the goodness represented by a chair, the goodness of those who made it, the goodness of God who is the source of this goodness.

So I can see God in everything that is good in our world, in things, in people... I can see God.

As a result, this 'seeing God' becomes immense. Seeing Him everywhere there is goodness.

Seeing God in the clothes I wear, in the house I live in, in the food I eat... etc. etc. because there is the goodness of those who made them, goodness that has its source in God. Seeing God.

At the end of the day, remembering: Where did I see God? I saw Him in faces, in every act of goodness, in every good thing... Immense!

In writing this text, Thérèse Couderc joins the great Ignatian tradition, for whom access to God comes through the mediation of reality, of the most concrete, of the world. Finding and seeing Him in the concrete reality of the world.

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